A day at Spa Atlantis includes:

**Aqua Spa Lounge**
Reserve yours today! The royal treatment! Spy on your own personal teal lounge, Laconium Relaxation Lounge, the Brine Inhalation-Light Therapy Lounge, herbal steam rooms and cedarwood saunas. Relaxation will lift your spirits to its highest point and improve your overall well-being. Surrounded by soothing hues, natural stone and the soothing sounds of water, you will find a world of relaxation and tranquility.

**Laconium Relaxation Lounge**
Laconium lounges, a mixture of heat and water, alternate heat cycles to soothe the spirit without tiring the body. Brine temperatures, cooler than a steam room, allow you to stay longer periods of time. The Laconium simulates circulation, primes and dilates the body while reducing stress. The result - a feeling of newfound happiness and mental and physical relaxation.

**Brine Inhalation-Light Therapy Lounge**
Comprised of soothing music, a mixture of candles, creating beautiful crystals to aid the therapeutic benefits. While resting on the heated, contoured bench, your senses will be stimulated, both psychologically and physically, by the specific colors reflecting on the crystals. The ambiance and inhalation of soft aerosols positively affect the respiratory tract to improve your overall well-being. Experience what Europeans have appreciated for decades as the colors rotate through the spectrum. An ever more personalized journey all your own.

**Cardio Theater and Fitness Center**
Fitness guests may be at least 18 years old. Experience TechnoGym® equipment with Active Wellness TV and iPod®- compatible for music and video. Enjoy a varied complement of cardio and strength training equipment. Olympic athletes trained on TechnoGym® equipment for the 2000, 2004 and 2008 games.

**Spa Amenities**
- Couples suites
- Three Inhilation-Light Therapy Lounge
- Laconium Relaxation Lounge
- Aqua Spa Lounge with Experiential Shower
- Indoor atrium pool
- Year-round outdoor whirlpool
- Seasonal outdoor pool and spa
- Men’s and women’s locker rooms with herbal steam and cedarwood saunas
- Men’s and women’s tea lounges

**Welcome to Spa Atlantis**
Replace worldly concerns with a world of relaxation. Indulge your senses and restore body, mind and soul. Escape to a world of complete serenity. Spa Atlantis offers northern Nevada a spa unlike any other.

Spa Atlantis is a quiet personal sanctuary, solitude and healing. A refuge from the everyday world. Let our professionally trained estheticians and massage therapists guide you through your journey to well-being. Surrounded by calm healing colors, natural stone and the gardens of water, you are free. Our therapists focus on nourishing and stimulating the skin, your largest organ, and pleasing the senses, all while giving you a renewed sense of self and relaxation.

**Spa Guests**
Spa guests must be at least 18 years old. Cell phone use is not permitted outside of the retail area. Spa Atlantis is an alcohol and tobacco-free area.

**General Information**
Spa guests must be at least 18 years old. Cell phone use is not permitted outside of the retail area. Spa Atlantis is an alcohol and tobacco-free area.

**Arrival**
Please arrive at least 45 minutes prior to your scheduled appointment to allow time to rinse/shower, change and relax. With such treatment, you are not only enjoying your Aqua Lounge, Laconium Relaxation Lounge, the Brine Inhalation-Light Therapy Lounge, herbal steam rooms and cedarwood saunas. Relaxation will lift your spirits to its highest point and improve your overall well-being. Surrounded by soothing hues, natural stone and the soothing sounds of water, you will find a world of relaxation and tranquility.

**What do we charge?**
We understand if you have to reschedule your treatment. As a courtesy to our guests and staff, please notify us at least 4 hours in advance if you are unable to make your scheduled appointment. Our therapists are dedicated to their guests and staff, please notify us at least 4 hours in advance if you are unable to make your scheduled appointment. Our therapists are dedicated to their guests and staff, please notify us at least 4 hours in advance if you are unable to make your scheduled appointment.

**What do I need to bring?**
Lockers are available for your personal items and clothing during your spa visit. Safety deposit boxes are available.

**What is included in the spa?**
A day at Spa Atlantis includes:

- Complimentary infused water created by our in-house "master mixologist" specifically to complement the Wealth benefits associated with dramatic changes in water temperature. Your journey begins in the soothing environment of our Aqua Lounge and continues with relaxing aromatics. As you continue your journey, an alteration of warm and alternating warm temperatures, designed to both relax muscles and penetrate the body. To complete the journey, immerse yourself in the cold water pool to invigorate the body and strengthen the immune system. This unique bath helps to recondition and prepare you for your spa experience.

**Nature Experiential Shower**
Completely immerse yourself in a state of well being by creating and pouring your own water experience. Your therapist will incorporate snow as you take a highly personal journey of your own.

**Inhalation- Light Therapy Lounge**
— Stimulating colors of prehistoric balance the body, mind and soul.
— Tropical Rain — With scents of fresh tropics to invigorate the senses.
— Thunderstorms — Bloods of summer fogs and fresh flowers to soothe your visit.

**Cardio Theater and Fitness Center**

**Body-Mind-Wellness**

**Welcome to Spa Atlantis**
Replace worldly concerns with a world of relaxation. Indulge your senses and restore body, mind and soul. Escape to a world of complete serenity. Spa Atlantis offers northern Nevada a spa unlike any other.

Spa Atlantis is a quiet personal sanctuary, solitude and healing. A refuge from the everyday world. Let our professionally trained estheticians and massage therapists guide you through your journey to well-being. Surrounded by calm healing colors, natural stone and the gardens of water, you are free. Our therapists focus on nourishing and stimulating the skin, your largest organ, and pleasing the senses, all while giving you a renewed sense of self and relaxation.

**Spa Amenities**
- Lobby and Fitness Center featuring TechnoGym® and Precor equipment with Active Wellness TV and iPod®- compatible for music and video
- 15 opulent treatment rooms
- Exclusivity treatments
- Couples suites
- Three Inhalation-Light Therapy Lounge
- Laconium Relaxation Lounge
- Aqua Spa Lounge with Experiential Shower
- Indoor atrium pool
- Indoor atrium pool
- Year-round outdoor whirlpool
- Seasonal outdoor pool and spa
- Men’s and women’s locker rooms with herbal steam and cedarwood saunas
- Men’s and women’s tea lounges
- Men’s and women’s tea lounges

**Welcome to Spa Atlantis**
Replace worldly concerns with a world of relaxation. Indulge your senses and restore body, mind and soul. Escape to a world of complete serenity. Spa Atlantis offers northern Nevada a spa unlike any other.

Spa Atlantis is a quiet personal sanctuary, solitude and healing. A refuge from the everyday world. Let our professionally trained estheticians and massage therapists guide you through your journey to well-being. Surrounded by calm healing colors, natural stone and the gardens of water, you are free. Our therapists focus on nourishing and stimulating the skin, your largest organ, and pleasing the senses, all while giving you a renewed sense of self and relaxation.

**Spa Amenities**
- Lobby and Fitness Center featuring TechnoGym® and Precor equipment with Active Wellness TV and iPod®- compatible for music and video
- 15 opulent treatment rooms
- Exclusivity treatments
- Couples suites
- Three Inhalation-Light Therapy Lounge
- Laconium Relaxation Lounge
- Aqua Spa Lounge with Experiential Shower
- Indoor atrium pool
- Indoor atrium pool
- Year-round outdoor whirlpool
- Seasonal outdoor pool and spa
- Men’s and women’s locker rooms with herbal steam and cedarwood saunas
- Men’s and women’s tea lounges
**Heated Himalayan Salt Stones**

Relaxing massage with the touch of 80,000 year old Himalayan salt stones and scented oils while indulging in a relaxing massage.

**Purifying Back Treatment**

Deep cleansing exfoliation treatment for your back, followed by a mask and tension relieving oil massage. This treatment is designed to noticeably improve skin tone and texture while preventing the appearance of fine lines and wrinkles. It incorporates cutting edge ingredients as well as active proven botanical and marine extracts.

**Scientific Organics Facial**

Our Scientific Organics Facial uses some of the most effective ingredients available from natural and organic sources to protect and nourish skin. It helps to replenish and protect your skin from free radicals and pollution improving your skin’s overall health and appearance.

**Essential Facial**

This facial treatment, our essential treatment, delivers the essentials. Followed by an exfoliating facial massage to seal the products in and relax the muscles. Enjoy this feel good facial to return facial features to balance and harmony.

**Effortless Spa Pedicure**

Still look and enjoy the comfort and purity of your personal space. A pedicure soak in warm water helps relax your feet and toes. Then they are treated with a foot mask and essential oil blend. For those looking for a treatment with an extra special touch. A wonderful paraffin treatment is enjoyed before you prepare for your final oil and aromatic massage. Add to any facial.

**Spa Body Treatments**

**Dehydrating Salt Scrub**


**Q10 Oxygen Facial**

This facial treatment is made up for oxygen infused solutions designed specifically to balance, nourish, and protect the skin. This mask is rich in nourishing ultra-oils and leaves a lasting, deep moisture even after being washed off.

**Purifying Complexion Perfection Facial**

This complete facial calms, purifies, detoxifies and combats breakouts. Specially selected natural fruit and herb extracts, aromatics, antioxidants and minerals work together to balance and protect your skin.

**Q10 Skin Collagen**

A collagen skin treatment designed to firm and lift your skin, with age-defying benefits. This treatment is rich in nourishing oils and leaves a lasting, deep moisture even after being washed off.

**Hydrating Sugar Polish**

This rich, creamy mask calms and softens your skin, leaving it glowing. It is then followed by a soothing mask with a purifying blend of essential oils. Enjoy some final treatment to seal the products in and relax the muscles.

**Cleopatra’s Secret Recipe**

A luxurious soak and scrub treatment. Milk and honey sugar scrub over the entire body. The ceremony concludes with a tropical rain shower. The Rasul Ceremony may be experienced solo or with a partner.

**Moisture Wrap**

A truly reparative and age defying treatment. This mask is rich in nourishing ultra-oils and leaves a lasting, deep moisture even after being washed off.

**Body Wraps**

Relax in a relaxation bed that feels just like your prescriptive and retention mask is very well as you are fully covered with a pure, deep moisturizing essential oil mask. The ceremony concludes with a refreshing shower and the softness and renewed, your soft skin.

**Ultimate Couples Rasul Retreat**

Couples are invited to share in the luxurious experience with one another. Your heated throne. The ceremony concludes with a tropical rain shower. The Rasul Ceremony may be experienced solo or with a partner.

**The Ritual Sleep Massage**

In the deeply relaxing experience, you will learn to relax and experience the benefits of deep sleep and light therapeutic massage, followed by deep sleep massage and light therapeutic. The ceremony concludes with a refreshing shower and the softness and renewed, your soft skin.

**Couples Experiences**

**Ultimate Couples Relaxation**

Spend a relaxing, romantic night in our partner body wrapping and mini spa. Enjoy our special evening, and relax into the relaxing benefits of a couples bath. The decadent treatment concludes with a side-by-side aromatherapy massage.

**New Arrival**

**Island Escape for Two**

Sage sugar and flax seed oil, while soothing paraffin and plant-based oil and a beautiful and delightful experience. This evening is sure to be a memorable one as you and your mate are treated to this hour spa and more couples.

**Infinite Couples**

**Infinitely Couples**

**Desert Passage**

In the deep relaxation experience, you will learn to relax and experience the benefits of deep sleep and light therapeutic massage, followed by deep sleep massage and light therapeutic. The ceremony concludes with a refreshing shower and the softness and renewed, your soft skin.

**Massage Enhancements**

Add to any massage

- Aroma Therapy (30 minutes)
- Essential Oil (30 minutes)
- Dry Joint (15 minutes)
- Face Collagen (15 minutes)
- Hand Collagen (15 minutes)

**Couples Experiences**

Add to any massage

- Aroma Therapy (60 minutes)
- Essential Oil (60 minutes)
- Dry Joint (15 minutes)
- Face Collagen (60 minutes)
- Hand Collagen (60 minutes)

**Spa Body Treatments**

**Dehydrating Salt Scrub**


**Q10 Oxygen Facial**

This facial treatment is made up for oxygen infused solutions designed specifically to balance, nourish, and protect the skin. This mask is rich in nourishing ultra-oils and leaves a lasting, deep moisture even after being washed off.

**Purifying Complexion Perfection Facial**

This complete facial calms, purifies, detoxifies and combats breakouts. Specially selected natural fruit and herb extracts, aromatics, antioxidants and minerals work together to balance and protect your skin.

**Q10 Skin Collagen**

A collagen skin treatment designed to firm and lift your skin, with age-defying benefits. This treatment is rich in nourishing oils and leaves a lasting, deep moisture even after being washed off.

**Hydrating Sugar Polish**

This rich, creamy mask calms and softens your skin, leaving it glowing. It is then followed by a soothing mask with a purifying blend of essential oils. Enjoy some final treatment to seal the products in and relax the muscles.

**Cleopatra’s Secret Recipe**

A luxurious soak and scrub treatment. Milk and honey sugar scrub over the entire body. The ceremony concludes with a tropical rain shower. The Rasul Ceremony may be experienced solo or with a partner.

**Moisture Wrap**

A truly reparative and age defying treatment. This mask is rich in nourishing ultra-oils and leaves a lasting, deep moisture even after being washed off.

**Ultimate Couples Rasul Retreat**

Couples are invited to share in the luxurious experience with one another. Your heated throne. The ceremony concludes with a tropical rain shower. The Rasul Ceremony may be experienced solo or with a partner.

**The Ritual Sleep Massage**

In the deeply relaxing experience, you will learn to relax and experience the benefits of deep sleep and light therapeutic massage, followed by deep sleep massage and light therapeutic. The ceremony concludes with a refreshing shower and the softness and renewed, your soft skin.

**Couples Experiences**

**Ultimate Couples Relaxation**

Spend a relaxing, romantic night in our partner body wrapping and mini spa. Enjoy our special evening, and relax into the relaxing benefits of a couples bath. The decadent treatment concludes with a side-by-side aromatherapy massage.

**New Arrival**

**Island Escape for Two**

Sage sugar and flax seed oil, while soothing paraffin and plant-based oil and a beautiful and delightful experience. This evening is sure to be a memorable one as you and your mate are treated to this hour spa and more couples.

**Infinite Couples**

**Infinitely Couples**

**Desert Passage**

In the deep relaxation experience, you will learn to relax and experience the benefits of deep sleep and light therapeutic massage, followed by deep sleep massage and light therapeutic. The ceremony concludes with a refreshing shower and the softness and renewed, your soft skin.

**Massage Enhancements**

Add to any massage

- Aroma Therapy (30 minutes)
- Essential Oil (30 minutes)
- Dry Joint (15 minutes)
- Face Collagen (15 minutes)
- Hand Collagen (15 minutes)

**Spa Body Treatments**

**Dehydrating Salt Scrub**


**Q10 Oxygen Facial**

This facial treatment is made up for oxygen infused solutions designed specifically to balance, nourish, and protect the skin. This mask is rich in nourishing ultra-oils and leaves a lasting, deep moisture even after being washed off.

**Purifying Complexion Perfection Facial**

This complete facial calms, purifies, detoxifies and combats breakouts. Specially selected natural fruit and herb extracts, aromatics, antioxidants and minerals work together to balance and protect your skin.

**Q10 Skin Collagen**

A collagen skin treatment designed to firm and lift your skin, with age-defying benefits. This treatment is rich in nourishing oils and leaves a lasting, deep moisture even after being washed off.

**Hydrating Sugar Polish**

This rich, creamy mask calms and softens your skin, leaving it glowing. It is then followed by a soothing mask with a purifying blend of essential oils. Enjoy some final treatment to seal the products in and relax the muscles.

**Cleopatra’s Secret Recipe**

A luxurious soak and scrub treatment. Milk and honey sugar scrub over the entire body. The ceremony concludes with a tropical rain shower. The Rasul Ceremony may be experienced solo or with a partner.

**Moisture Wrap**

A truly reparative and age defying treatment. This mask is rich in nourishing ultra-oils and leaves a lasting, deep moisture even after being washed off.

**Ultimate Couples Rasul Retreat**

Couples are invited to share in the luxurious experience with one another. Your heated throne. The ceremony concludes with a tropical rain shower. The Rasul Ceremony may be experienced solo or with a partner.